

# Lalita Palariya

Bhimtal

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## Career Objective

To enhance my skills and to contribute effectively and efficiently to the organization for organizational as well as personal growth.

## Work Experience

- Working as an Asst. Professor at **Department of Pharmaceutical Sciences Bhimtal**, Kumaun University Nainital from 14 Oct 2023 to till now.
- Worked as Asst. Professor, Invertis University Bareilly, from 23 Jan 2019 to 15 Feb 2021.
- Worked as Asst. Professor, Sanskriti University Mathura, from 21 July, 2018 to 3 Jan 2019.
- Worked as Asst. Professor, Roorkee college of Pharmacy, From 09 Jan 2018 to 20 July 2018.

## Professional Qualification

Course	University/Board	Department	Year	Percentage
PhD (Pharmaceutics)	Kumaun University Nainital	Department of Pharmaceutical Sciences, Bhimtal Campus	2021 Enrolled	Pursuing
M.pharm (Pharmaceutics)	Kumaun University Nainital	Department of Pharmaceutical Sciences, Bhimtal Campus	2017	76%
B.Pharm	Kumaun University Nainital	Department of Pharmaceutical Sciences, Bhimtal Campus	2015	72.5%
D.Pharm	Uttarakhand Board of Technical Education, Roorkee	Govt. Polytechnic Dwarahat	2012	79.6%
Intermediate	Uttarakhand Board	GGIC School Bhimtal	2010	59%
High School	Uttarakhand Board	GGIC School Bhimtal	2008	66.4%

## Research work Profile

- **PhD:** Combined Nanocarrier based drug delivery
- **M.Pharm:** “Microsphere and tablet in capsule System: A Novel chronotherapeutic system of Diclofenac Sodium for site and time specific delivery”
- **B.Pharm:** “A Review on Drug Design and their analogue and recent diagnostic approaches”

## Research Paper

- **Lalita Palariya**, Sweta Bawari and Archana N. Sah: Microsphere and Tablet in capsule System: A Novel chronotherapeutic System of Diclofenac Sodium For site and Time Specific Delivery. 2022; 59(2), 68-70. [**Indian Drugs, SCOPUS**]
- Ratandeep Chauhan<sup>1</sup>, Akansha Singh, Kanika Manral and **Lalita Palariya**: Standardization of Antidiabetic Ayurvedic Formulations i.e. Madhunashini Vati. 2020; 9(5), 1869-1879. [**World Journal of Pharmaceutical Research**]
- Ratan Deep Chauhan, **Lalita Palariya**, Kanika Manral, Gajraj: Evaluate the Prescribing Pattern of Pathogenic Diseases. 2019; 8(7), 516-519. [**J Pharm Res**]

## Research Skills

- Oral drug delivery system
- Handling of HPLC, UV spectrophotometer and IR spectrophotometer.

## Conference/ Workshop Attended

- **International conference** on “Integrative Chemistry Biology & Translational Medicine 2024” at Pacific University Udaipur
- **Poster Presentation** on the topic “Development of Phytosomes by solvent evaporation method and its evaluations” in international conference on ICBTM 2024 at Pacific University Udaipur.
- **DST-STUTI Training** program on developing skills and knowledge for “NANOTECHNOLOGY IN DRUG DELIVERY” organized by Delhi Pharmaceutical Sciences and Research University, New Delhi from December 23-29, 2022.
- **Oral presentation** of M.Pharm research work at DRPI 2021-ONLINE conducted by American association of pharmaceutical Scientists.
- **Two days workshop** on “Research methodology and scientific writing” organized by Department of Pharmaceutical Sciences Kumaun University Nainital.
- **International conference** on “Translational approach in clinical, environmental and biotechnological research Geno Pro 2019” at Invertis University Bareilly.
- **National Seminar** on “Pharmaceutical Education in India: Current Status and Future Demands” at Devsthal Vidyapeeth, Lalpur, Kiccha Road, Rudrapur.

- **Workshop** on “Brief History & Indian context of regulatory affairs”at Department of Pharmaceutical Sciences, Kumaun University, Bhimtal CampusNainital.
- **One-week short term training program** on “HPLC (Shimadzu LC-2010 CHT)” at CIF, Department of Pharmaceutical Sciences, Kumaun University, Bhimtal Campus,Nainital.
- **Workshop** on “Brief history and Indian Context of Regulatory affairs” organized by Department of Pharmaceutical Sciences Kumaun University Nainital.

### **Extracurricular Activities**

- Being a member of examination committee of the department actively participated in conducting examinations atInvertis University Bareilly.

### **Personal Details:**

Father’s Name : Mr. Bala Dutt Palariya  
Date of birth : 01-July-1993  
Marital status : Unmarried  
Nationality : Indian  
Languages Known : Hindi, English  
Permanent Address :Bhimtal, Nainital, Uttarakhand-263136

### **Declaration:**

I hereby declare that the above information provided is true to the best of my knowledge.

**Date:**

**Place:BhimtalLalita Palariya**